

## **Module 8: Are you ready to collaborate?**

Make some notes about the shifts you've had and any you still need to work on.

Then ask yourself:

1. Are you ready to listen without judgement to the other party's perspective?
2. Are you able to acknowledge that your current solutions are not the only approach that could meet your needs?
3. Are you willing to work as diligently towards meeting the other person's needs as you are towards meeting your own?
4. Have you identified assumptions you are making about the other person's intentions and acknowledged they are unsubstantiated? Are you curious about what their real intentions are/were?