

## **Module 3: Attitudes, Beliefs and Assumptions**

1. In the context of your practice case, what do you believe about the other person?
2. In the context of your practice case, what do you believe about yourself? (why do you think this conflict is happening with this person at this time?)
3. In the context of your practice case, what do you believe about the situation? (why do you think this conflict is happening with this person at this time?)
4. What assumptions are you making about the other person's intent? (why do you think they did or said what they did, or didn't do or say what you wanted them to?)
5. What other assumptions are you making in the context of your practice case? (brainstorm a list)